



Bible Reading Plan

Through the New Testament in 5 days a week, 5 minutes a day

October

DATE	✓	CHAPTER
1	<input type="checkbox"/>	1 John 3
2	<input type="checkbox"/>	4
3	<input type="checkbox"/>	5
4	<input type="checkbox"/>	2 John 1
5	<input type="checkbox"/>	3 John 1
6		Reflection
7		Reflection
8	<input type="checkbox"/>	1 Peter 1
9	<input type="checkbox"/>	2
10	<input type="checkbox"/>	3
11	<input type="checkbox"/>	4
12	<input type="checkbox"/>	5
13		Reflection
14		Reflection
15	<input type="checkbox"/>	John 1
16	<input type="checkbox"/>	2
17	<input type="checkbox"/>	3
18	<input type="checkbox"/>	4
19	<input type="checkbox"/>	5
20		Reflection
21		Reflection
22	<input type="checkbox"/>	6
23	<input type="checkbox"/>	7
24	<input type="checkbox"/>	8
25	<input type="checkbox"/>	9
26	<input type="checkbox"/>	10
27		Reflection
28		Reflection
29	<input type="checkbox"/>	11
30	<input type="checkbox"/>	12
31	<input type="checkbox"/>	13

November

DATE	✓	CHAPTER
1	<input type="checkbox"/>	John 14
2	<input type="checkbox"/>	15
3		Reflection
4		Reflection
5	<input type="checkbox"/>	16
6	<input type="checkbox"/>	17
7	<input type="checkbox"/>	18
8	<input type="checkbox"/>	19
9	<input type="checkbox"/>	20
10		Reflection
11		Reflection
12	<input type="checkbox"/>	21
13		1 Thessalonians 1
14	<input type="checkbox"/>	2
15	<input type="checkbox"/>	3
16	<input type="checkbox"/>	4
17		Reflection
18		Reflection
19	<input type="checkbox"/>	5
20		2 Thessalonians 1
21	<input type="checkbox"/>	2
22	<input type="checkbox"/>	3
23	<input type="checkbox"/>	2 Peter 1
24		Reflection
25		Reflection
26	<input type="checkbox"/>	2
27	<input type="checkbox"/>	3
28	<input type="checkbox"/>	Jude 1
29	<input type="checkbox"/>	Revelation 1
30	<input type="checkbox"/>	2

December

DATE	✓	CHAPTER
1		Revelation
2		Reflection
3	<input type="checkbox"/>	3
4	<input type="checkbox"/>	4
5	<input type="checkbox"/>	5
6	<input type="checkbox"/>	6
7	<input type="checkbox"/>	7
8		Reflection
9		Reflection
10	<input type="checkbox"/>	8
11	<input type="checkbox"/>	9
12	<input type="checkbox"/>	10
13	<input type="checkbox"/>	11
14	<input type="checkbox"/>	12
15		Reflection
16		Reflection
17	<input type="checkbox"/>	13
18	<input type="checkbox"/>	14
19	<input type="checkbox"/>	15
20	<input type="checkbox"/>	16
21	<input type="checkbox"/>	17
22		Reflection
23		Reflection
24	<input type="checkbox"/>	18
25	<input type="checkbox"/>	19
26	<input type="checkbox"/>	20
27	<input type="checkbox"/>	21
28	<input type="checkbox"/>	22
29		Reflection
30		Reflection
31		Rejoice!

5 minutes a day If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh.

5 days a week Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- 1. Underline or highlight** key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.
- 2. Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3. Ask and answer some questions.** Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.
- 4. Capture the big idea.** God's Word communicates big ideas. Periodically ask, *What's the big idea in this sentence, paragraph, or chapter?*
- 5. Personalize the meaning.** When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: *How can my life be different today as I respond to what I'm reading?*

© 2005 by Discipleship Journal. All Rights Reserved. The 5x5x5 Bible Reading Plan materials crafted by Bill Mowry. The New Testament Bible Reading Plan developed by Mark Bogart and Peter Mayberry.

READY FOR MORE? We have additional reading plans and much more at www.discipleshipjournal.com.

Try Discipleship Journal for yourself!

Online: www.discipleshipjournal.com

Phone: 1-800-877-1811

Mail: P.O. Box 5548, Harlan, IA 51593-3048

Discipleship Journal's mission is to help believers develop a deeper relationship with Jesus Christ and to provide practical help in understanding the Scriptures and applying them to daily life and ministry.

January

DATE	✓	CHAPTER
		Mark
1	<input type="checkbox"/>	1
2	<input type="checkbox"/>	2
3	<input type="checkbox"/>	3
4	<input type="checkbox"/>	4
5	<input type="checkbox"/>	5
6		Reflection
7		Reflection
8	<input type="checkbox"/>	6
9	<input type="checkbox"/>	7
10	<input type="checkbox"/>	8
11	<input type="checkbox"/>	9
12	<input type="checkbox"/>	10
13		Reflection
14		Reflection
15	<input type="checkbox"/>	11
16	<input type="checkbox"/>	12
17	<input type="checkbox"/>	13
18	<input type="checkbox"/>	14
19	<input type="checkbox"/>	15
20		Reflection
21		Reflection
22	<input type="checkbox"/>	16
		Acts
23	<input type="checkbox"/>	1
24	<input type="checkbox"/>	2
25	<input type="checkbox"/>	3
26	<input type="checkbox"/>	4
27		Reflection
28		Reflection
29	<input type="checkbox"/>	5
30	<input type="checkbox"/>	6
31	<input type="checkbox"/>	7

February

DATE	✓	CHAPTER
1	<input type="checkbox"/>	8
2	<input type="checkbox"/>	9
3		Reflection
4		Reflection
5	<input type="checkbox"/>	10
6	<input type="checkbox"/>	11
7	<input type="checkbox"/>	12
8	<input type="checkbox"/>	13
9	<input type="checkbox"/>	14
10		Reflection
11		Reflection
12	<input type="checkbox"/>	15
13	<input type="checkbox"/>	16
14	<input type="checkbox"/>	17
15	<input type="checkbox"/>	18
16	<input type="checkbox"/>	19
17		Reflection
18		Reflection

(February, continued)

DATE	✓	CHAPTER
		Acts
19	<input type="checkbox"/>	20
20	<input type="checkbox"/>	21
21	<input type="checkbox"/>	22
22	<input type="checkbox"/>	23
23	<input type="checkbox"/>	24
24		Reflection
25		Reflection
26	<input type="checkbox"/>	25
27	<input type="checkbox"/>	26
28	<input type="checkbox"/>	27

March

DATE	✓	CHAPTER
1	<input type="checkbox"/>	28
		Hebrews
2	<input type="checkbox"/>	1
3		Reflection
4		Reflection
5	<input type="checkbox"/>	2
6	<input type="checkbox"/>	3
7	<input type="checkbox"/>	4
8	<input type="checkbox"/>	5
9	<input type="checkbox"/>	6
10		Reflection
11		Reflection
12	<input type="checkbox"/>	7
13	<input type="checkbox"/>	8
14	<input type="checkbox"/>	9
15	<input type="checkbox"/>	10
16	<input type="checkbox"/>	11
17		Reflection
18		Reflection
19	<input type="checkbox"/>	12
20	<input type="checkbox"/>	13
		Galatians
21	<input type="checkbox"/>	1
22	<input type="checkbox"/>	2
23	<input type="checkbox"/>	3
24		Reflection
25		Reflection
26	<input type="checkbox"/>	4
27	<input type="checkbox"/>	5
28	<input type="checkbox"/>	6
		James
29	<input type="checkbox"/>	1
30	<input type="checkbox"/>	2
31		Reflection

April

DATE	✓	CHAPTER
		James
1		Reflection
2	<input type="checkbox"/>	3
3	<input type="checkbox"/>	4
4	<input type="checkbox"/>	5
		Matthew
5	<input type="checkbox"/>	1
6	<input type="checkbox"/>	2
7		Reflection
8		Reflection
9	<input type="checkbox"/>	3
10	<input type="checkbox"/>	4
11	<input type="checkbox"/>	5
12	<input type="checkbox"/>	6
13	<input type="checkbox"/>	7
14		Reflection
15		Reflection
16	<input type="checkbox"/>	8
17	<input type="checkbox"/>	9
18	<input type="checkbox"/>	10
19	<input type="checkbox"/>	11
20	<input type="checkbox"/>	12
21		Reflection
22		Reflection
23	<input type="checkbox"/>	13
24	<input type="checkbox"/>	14
25	<input type="checkbox"/>	15
26	<input type="checkbox"/>	16
27	<input type="checkbox"/>	17
28		Reflection
29		Reflection
30	<input type="checkbox"/>	18

May

DATE	✓	CHAPTER
1	<input type="checkbox"/>	19
2	<input type="checkbox"/>	20
3	<input type="checkbox"/>	21
4	<input type="checkbox"/>	22
5		Reflection
6		Reflection
7	<input type="checkbox"/>	23
8	<input type="checkbox"/>	24
9	<input type="checkbox"/>	25
10	<input type="checkbox"/>	26
11	<input type="checkbox"/>	27
12		Reflection
13		Reflection
14	<input type="checkbox"/>	28
		Romans
15	<input type="checkbox"/>	1
16	<input type="checkbox"/>	2
17	<input type="checkbox"/>	3
18	<input type="checkbox"/>	4
19		Reflection

(May, continued)

DATE	✓	CHAPTER
		Romans
20		Reflection
21	<input type="checkbox"/>	5
22	<input type="checkbox"/>	6
23	<input type="checkbox"/>	7
24	<input type="checkbox"/>	8
25	<input type="checkbox"/>	9
26		Reflection
27		Reflection
28	<input type="checkbox"/>	10
29	<input type="checkbox"/>	11
30	<input type="checkbox"/>	12
31	<input type="checkbox"/>	13

June

DATE	✓	CHAPTER
1	<input type="checkbox"/>	14
2		Reflection
3		Reflection
4	<input type="checkbox"/>	15
5	<input type="checkbox"/>	16
		Ephesians
6	<input type="checkbox"/>	1
7	<input type="checkbox"/>	2
8	<input type="checkbox"/>	3
9		Reflection
10		Reflection
11	<input type="checkbox"/>	4
12	<input type="checkbox"/>	5
13	<input type="checkbox"/>	6
		Philippians
14	<input type="checkbox"/>	1
15	<input type="checkbox"/>	2
16		Reflection
17		Reflection
18	<input type="checkbox"/>	3
19	<input type="checkbox"/>	4
		Colossians
20	<input type="checkbox"/>	1
21	<input type="checkbox"/>	2
22	<input type="checkbox"/>	3
23		Reflection
24		Reflection
25	<input type="checkbox"/>	4
		Philemon
26	<input type="checkbox"/>	1
		Luke
27	<input type="checkbox"/>	1
28	<input type="checkbox"/>	2
29	<input type="checkbox"/>	3
30		Reflection

July

DATE	✓	CHAPTER
		Luke
1		Reflection
2	<input type="checkbox"/>	4
3	<input type="checkbox"/>	5
4	<input type="checkbox"/>	6
5	<input type="checkbox"/>	7
6	<input type="checkbox"/>	8
7		Reflection
8		Reflection
9	<input type="checkbox"/>	9
10	<input type="checkbox"/>	10
11	<input type="checkbox"/>	11
12	<input type="checkbox"/>	12
13	<input type="checkbox"/>	13
14		Reflection
15		Reflection
16	<input type="checkbox"/>	14
17	<input type="checkbox"/>	15
18	<input type="checkbox"/>	16
19	<input type="checkbox"/>	17
20	<input type="checkbox"/>	18
21		Reflection
22		Reflection
23	<input type="checkbox"/>	19
24	<input type="checkbox"/>	20
25	<input type="checkbox"/>	21
26	<input type="checkbox"/>	22
27	<input type="checkbox"/>	23
28		Reflection
29		Reflection
30	<input type="checkbox"/>	24
		1 Corinthians
31	<input type="checkbox"/>	1

August

DATE	✓	CHAPTER
1	<input type="checkbox"/>	2
2	<input type="checkbox"/>	3
3	<input type="checkbox"/>	4
4		Reflection
5		Reflection
6	<input type="checkbox"/>	5
7	<input type="checkbox"/>	6
8	<input type="checkbox"/>	7
9	<input type="checkbox"/>	8
10	<input type="checkbox"/>	9
11		Reflection
12		Reflection
13	<input type="checkbox"/>	10
14	<input type="checkbox"/>	11
15	<input type="checkbox"/>	12
16	<input type="checkbox"/>	13
17	<input type="checkbox"/>	14
18		Reflection
19		Reflection

(August, continued)

DATE	✓	CHAPTER
		1 Corinthians
20	<input type="checkbox"/>	15
21	<input type="checkbox"/>	16
		2 Corinthians
22	<input type="checkbox"/>	1
23	<input type="checkbox"/>	2
24	<input type="checkbox"/>	3
25		Reflection
26		Reflection
27	<input type="checkbox"/>	4
28	<input type="checkbox"/>	5
29	<input type="checkbox"/>	6
30	<input type="checkbox"/>	7
31	<input type="checkbox"/>	8

September

DATE	✓	CHAPTER
1		Reflection
2		Reflection
3	<input type="checkbox"/>	9
4	<input type="checkbox"/>	10
5	<input type="checkbox"/>	11
6	<input type="checkbox"/>	12
7	<input type="checkbox"/>	13
8		Reflection
9		Reflection
		1 Timothy
10	<input type="checkbox"/>	1
11	<input type="checkbox"/>	2
12	<input type="checkbox"/>	3
13	<input type="checkbox"/>	4
14	<input type="checkbox"/>	5
15		Reflection
16		Reflection
17	<input type="checkbox"/>	6
		2 Timothy
18	<input type="checkbox"/>	1
19	<input type="checkbox"/>	2
20	<input type="checkbox"/>	3
21	<input type="checkbox"/>	4
22		Reflection
23		Reflection
		Titus
24	<input type="checkbox"/>	1
25	<input type="checkbox"/>	2
26	<input type="checkbox"/>	3
		1 John
27	<input type="checkbox"/>	1
28	<input type="checkbox"/>	2
29		Reflection
30		Reflection